

from meimuffins.com -- Mary Edith's muffins are the Best!

## Applesauce Oatmeal Muffins

Preheat oven to 350 degrees.

2 c raw oatmeal

1 c whole wheat pastry flour

1 t cinnamon

1/4 t salt

2 eggs

1/4 c brown sugar

1-1/2 c unsweetened applesauce

1/2 c canola oil

1/2 c date pieces

Mix dry ingredients.

Mix eggs and brown sugar in another bowl until smooth. Add applesauce and oil.

Stir in dates.

Pour over dry ingredients and stir until just moistened.

Makes 12 muffins. Bake 23 min on an insulated cookie sheet.

Note: if buying oats in bulk, choose 'baby oats' rather than larger oats.